



Adoptive Parents Organization

<http://apocnj.tripod.com/>

The Adoptive Parents Organization of Central New Jersey (APO) was formed over 20 years ago to meet the needs of families adopting through the Catholic Charities in this area.

Today, the APO has grown to not only include families who have adopted through many different agencies, but also many different kinds of adoption. We strive to inform, discuss and learn about all aspects of adoption, to include families waiting as well as families thinking about adoption.

Our group offers a New Parents Network and a Children's Support Group. We are involved in our communities through donations and volunteering.

The APO provides a calendar of events which includes activities for children and adult socials. Our meetings include speakers from members' suggestions and open forums where we talk about parenting issues.

Reproductive Medicine Associates (RMA)

<http://www.rmanj.com/>

combines the most advanced and effective technology with clinical experience at the most senior levels to literally bring the reproductive dreams of our patients to life.

Planning for parenthood can involve a roller coaster of stress and joy. Many elements of the journey are profoundly personal. Other aspects of the journey are universal, affecting couples all around the world.

At Reproductive Medicine Associates of New Jersey (RMA) we understand that the process can represent a physical and an emotional challenge for our patients. To make treatment easier and more comfortable, we are one of the few infertility centers in the world to offer a comprehensive program of support and education to help couples manage the emotional aspects of treatment and to achieve a maximum level of "wellness." Known as *Complementary Care*, our unique program is available to help you address many of the common and uncommon issues that may be associated with your treatment. Our goal is to make this experience as positive as possible with a focus on the health of your mind and body.

Dr. Andrea Braverman, a world-renowned psychologist and specialist in infertility- related counseling, is the director of the Complementary Care Program at RMA. She has developed effective counseling strategies that can empower you with the information you need before, during or after your treatment with us. This program can help you to make important decisions and address emotional challenges with greater comfort and security. You can learn new ways to release anxiety and cope effectively. Many couples find that this special service helps them to continue with treatment as they handle day-to-day responsibilities and relationships at home and at work. This may include the best ways to discuss treatment with

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Family Options

<http://www.familyoptionsadoptions.org/index.cfm>

provides adoption placement services for New Jersey families as well as counseling to those coping with infertility and/or the maze of adoption options. Founded and directed by Diane Propert, M.A., CSW, LPC, Family Options focuses on the family and on developing realistic strategies related to unplanned pregnancies, adoption, and infertility. Family Options is a licensed, non-profit adoption agency and counseling service.

Lynette M. Leming, BA

Family Options Caseworker. Lynette received her Bachelors Degree in Sociology from Rutgers University. She is currently a candidate for her masters of education in counseling from Seton Hall University and is expected to graduate in December 2003. She has worked in the field of adoption since July of 1998. Aside from her professional experience in adoption, Lynette has personal knowledge of the adoption process after placing her newborn daughter for adoption in 1996. She has tremendous compassion for the field of adoption and works directly with adoptive and birth families. She also works with the community by providing outreach services to schools, pregnancy centers and hospitals.

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IACCenter

<http://www.iaccenter.com/>

Counselors at the IAC Center are trained to help clients by using a unique lifelong short-term therapy model developed by IAC Center Director Joni Mantell. Constructed from psychoanalytic, developmental and adoption life cycle theories and research, this model successfully teaches people coping skills for dealing with the emotional and social issues related to infertility and adoption. Joni and the other center counselors work with people facing infertility and pre-adoptive and adoptive parents, adopted children and adults, and birthparents in groups, workshops and counseling sessions to resolve issues that may occur throughout the life cycle. The IAC Center recognizes the multiple perspectives and lifelong themes associated with adoption.

Joni S. Mantell, LCSW, CSW, Director of IAC Center is a psychotherapist who has been providing individual, couples and group counseling for infertility and adoption issues since 1993. She has a Masters in Social Work from the University of Pennsylvania and completed a 4-year certification program in psychoanalysis and psychotherapy at the Post-Graduate Center for Mental Health in NYC. She is the Adoption Coordinator for RESOLVE Northeast region, a Support Group Leader and a Board Member for Resolve NJ. She is an active member of the Mental Health Professional Group of the American Society for Reproductive Medicine, a psychotherapist for the American Fertility Association and a frequent speaker and consultant on infertility and adoption issues for Resolve, Adoptive Parents Committee, and other select adoption organizations and agencies. In addition to the IAC Center in Pennington, NJ, she has an office in NYC.

[Workshops at the IACCenter](#)

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